



MOUNT RINJANI VOLCANO TREKS

3D 2N Crater Rim & Lake from Senaru village



This trek is suitable for beginner trekkers with reasonable fitness.

SCHEDULE

Arrival day: Guests are picked up at their preferred location on Lombok and transferred to the hotel in Senaru where they will stay overnight. That evening, your Trek Coordinator will visit to discuss the coming day's events and planned schedule, which allows guests to know what is required.

Day1: Wake up at 6:30 am and take a light breakfast. After that, we'll walk for 10 minutes to the Rinjani Trek Centre Senaru to register our trek.

Trekking Rinjani starts from the Rinjani Trek Centre at Senaru around 08:00, starting with a walk through dense tropical forest rich in flora, bird life and variety of butterflies.

We stop for a rest at Post 2 'Montong Satas' shelter (1,500 metres above sea level) for a cup of tea with some biscuits, before continuing the climb for a further 2 hours Post 3 'Mondokan Lolak' (2,000 m) for a break and lunch. From here, the views across the lower regions of Mount Rinjani are beautiful as you view down into Sembalun Valley to the east... Rinjani looms large ahead of you.

When we have rested and eaten lunch, which has been prepared for you by your porters, we continue walking up the steeper slope for 2 hours to Senaru Crater Rim (2641m). Senaru crater offers the most spectacular views. We will enjoy an incredible sunset over Mount Agung volcano on the island of Bali and the smoke from the new volcano on the edge of the lake in the Mount Rinjani caldera. We camp here for the night.

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Day2: After breakfast we will continue the trip down to the lake and hot water. Trek down to the lake steep and somewhat slippery, which takes 2.5 hours to reach. We stopped at the Lake side to rest. Here we can enjoy the view of the lake, swimming in the lake and bath in hot water can soothe away your aches and pains after a trip. Your porters will prepare lunch for us, which you eat on the shore of the lake. We will leave the lake after lunch and climb back to Senaru Crater Rim (2641m) for 2.5 hours where we camp for the night.

Your porters will prepare a cooked dinner for you which you can enjoy as the sun sets and the lights or the surrounding towns and villages appear far below you.

Day3: After breakfast with a beautiful sunrise, we will leave Mount Rinjani descending to Senaru Village through the rainforest. If we are lucky, we can see the rare black monkey. It takes 5 hours and we will take lunch along the way.

If you should wish to provide a small tip to the porters or mountain guide for their service, they will be very appreciative (this is certainly not compulsory)

Your private transfer vehicle will then load your luggage and all possessions and transfer you to your chosen destination on Lombok.

Hint: If your next destination is the Gili Islands, we are happy to make all necessary arrangements for a private speedboat to take you there. Simply notify us when making your trek reservation. The cost of this boat transfer is not included in the cost of your trek.

Trek package includes...

1. Licensed and Experienced:

- Mountain Guide
- Local Porters to transport all camping equipment

2. One night's accommodation before the trek at Senaru Village

3. All camping equipment:

- Accommodation tent
- Sleeping bags

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- Bed Mattress
- Cooking equipment
- Toilet tent
- Pillow

4. All meals (3 meals per day)
5. National Park Gunung Rinjani entrance fee (IDR 150.000 per person).
6. Transport pick up from Airport, Mataram, Senggigi and Bangsal Harbour to Senaru or Sembalun and return at end of your trek

Optional Inclusions..

Additional Porter...

If you would prefer not to carry a backpack of your personal gear, we can arrange an additional porter at the cost of US\$35.00 per day for a maximum of 10kg per pack. You must supply the pack in a form ready to be carried by the porter.

Premium Service...

We also offer a premium service which includes such luxuries as tables and chairs, local beer, upgraded food options to suit your tastes and dietary requirements, or any other luxury you would like. Please enquire with us for this additional service.

What you should bring with you...

- Day pack
- Torch or head lamp
- Trekking shoes
- Toiletries
- Insect repellent
- Sun block/lotion, hat/cap, sun glasses
- Spray for muscle/balm
- Camera, Handy cam (Manual or Digital)
- Small towel
- 2/3 pieces of T-Shirts
- Long trek pants/wind proof

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- Wind-proof Jacket
- 2 pieces of shorts
- Trekking stick (optional)
- Sandals (optional)
- Swim suit (optional)
- Binocular (optional)
- Extra trail snack (we supply fruits, biscuits)
- Plastic garbage bag for rubbish

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