



## MOUNT RINJANI VOLCANO TREKS

### 2D 1N Crater Rim trek departing & returning Senaru village



This trek is suitable for beginner trekkers with reasonable fitness.

#### SCHEDULE

Arrival day: Guests are picked up at their preferred location on Lombok and transferred to the hotel in Senaru where they will stay overnight. That evening, your Trek Coordinator will visit to discuss the coming day's events and planned schedule, which allows guests to know what is required.

**Day 1:** Wake up at 6:30 and take breakfast. After breakfast, we take a leisurely 10 minute walk to the Rinjani Information Centre where we register for the trek.

Trekking starts from the village of Senaru around 8:00 am and commences with a walk through dense tropical rainforest, full of local bird-life, flora and a huge variety of butterflies. After about 2 hours of walking, we will reach Post 1, at an altitude of approximately 1300 metres, and after a short break and rest, a further 40 minutes brings us to Post 2 (1500 metres).

By now, the trail is becoming steeper and the natural vegetation is beginning to thin as we climb higher and higher. We follow the trail on until we reach Post 3 where we will stop for a long rest and lunch, which will be created by your porters in readiness for your arrival at this location.

After lunch we continue climbing for a further 3 hours, stopping when you need to rest, and then continuing right on up to Senaru Crater Rim (2,639 metres). This is a prolonged climb across broken rock and scree slopes to Crater Rim, so always take your time, resting as you need to... there is no rush.... slow and steady.

**Day 2:** After a leisurely breakfast and with a beautiful sunrise, we begin the descent down through the cloud and then through the tree-line into Senaru village. If we are lucky, the rare Black Monkey will be amongst the jungle to welcome us back to the village.

This final descent takes approximately 5 hours from Crater Rim

**On Completion:** Once you have completed your trek and returned to Senaru, you will hold a short debrief to discuss your trek with your Trek Coordinator and Mountain Guide.

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[admin@mountrinjanivolcano.com](mailto:admin@mountrinjanivolcano.com) [www.mountrinjanivolcano.com](http://www.mountrinjanivolcano.com)  
Telephone: +61 881299247 (24 hours) WhatsApp: +61 412 494 567 (24 hours)  
Head Office: Jl. Parawisata Senaru - Bayan, Lombok, Indonesia



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If you should wish to provide a small tip to the porters or mountain guide for their service, they will be very appreciative (this is certainly not compulsory)

Your private transfer vehicle will then load your luggage and all possessions and transfer you to your chosen destination on Lombok.

*Hint: If your next destination is the Gili Islands, we are happy to make all necessary arrangements for a private speedboat to take you there. Simply notify us when making your trek reservation. The cost of this boat transfer is not included in the cost of your trek.*

### **Trek package includes...**

1. Licensed and Experienced:

- Mountain Guide
- Local Porters to transport all camping equipment

2. One night's accommodation before the trek at Senaru Village

3. All camping equipment:

- Accommodation tent
- Sleeping bags
- Bed Mattress
- Cooking equipment
- Toilet tent
- Pillow

4. All meals ( 3 meals per day)

5. National Park Gunung Rinjani entrance fee ( IDR 150.000 per person ).

6. Transport pick up from Airport, Mataram, Senggigi and Bangsal Harbour to Senaru or Sembalun and return at end of your trek

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### **Optional Inclusions..**

#### *Additional Porter...*

If you would prefer not to carry a backpack of your personal gear, we can arrange an additional porter at the cost of US\$35.00 per day for a maximum of 10kg per pack. You must supply the pack in a form ready to be carried by the porter.

#### *Premium Service...*

We also offer a premium service which includes such luxuries as tables and chairs, local beer, upgraded food options to suit your tastes and dietary requirements, or any other luxury you would like. Please enquire with us for this additional service.

### **What you should bring with you...**

- Day pack
- Torch or head lamp
- Trekking shoes
- Toiletries
- Insect repellent
- Sun block/lotion, hat/cap, sun glasses
- Spray for muscle/balm
- Camera, Handy cam (Manual or Digital)
- Small towel
- 2/3 pieces of T-Shirts
- Long trek pants/wind proof
- Wind-proof Jacket
- 2 pieces of shorts
- Trekking stick (optional)
- Sandals (optional)
- Swim suit (optional)
- Binocular (optional)
- Extra trail snack (we supply fruits, biscuits )
- Plastic garbage bag for rubbish

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